



**St. Paul's Anglican Church  
February 4, 2024  
Epiphany 5**

**45 Russell St. W., Lindsay ON K9V 2W8**  
**Tel: (705) 324-4666 Email: [office@st-pauls-lindsay.ca](mailto:office@st-pauls-lindsay.ca)**  
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**Incumbent – The Rev. Bonnie Skerritt**  
**Honorary Assistant – The Rev. Canon Greg Physick**  
**Music Director – Diane Stecher**

**10:00 am**

**Holy Eucharist (BAS)**

## **Indigenous Acknowledgement**

We acknowledge that this church is situated upon traditional Indigenous territory. We recognize the enduring presence of Indigenous peoples connected to and on this land. We are grateful for the opportunity to gather on this territory and we commit ourselves to the work of reconciliation with Indigenous peoples.

Creator, let us be of Good Mind to reconcile the mistreatment of this land and to those who have been displaced. With thankful and respectful hearts we pray in Your name, Your Son the Peacemaker and the Sacred Spirit.  
**Amen.**

## **The Holy Eucharist**

*A Form in the Language of the Book of Common Prayer 1962*

### **Processional Hymn**

**#344**                      **From all that dwell below the skies**

### **Welcome and Announcements**

**Sentence**      He took our infirmities and bore our diseases.

*Matthew 8.17*

### **The Gathering of the Community** (All stand)

**Celebrant**              The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

**People**                      **And with thy spirit.**

**Celebrant**              Almighty God,

**All**                      **unto whom all hearts be open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. Amen.**

## **The Summary of the Law**

Celebrant      Our Lord Jesus Christ said: hear, O Israel, the Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment. And the second is like unto it: thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.

**People      Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.**

Celebrant      Lord, have mercy upon us.

**People      Christ, have mercy upon us.**

Celebrant      Lord, have mercy upon us.

## **Gloria in Excelsis**

Celebrant      Glory be to God on high,

**People      and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly king, God the Father almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon us. Thou that takest away the sin of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.**

## **The Collect of the Day**

Celebrant      Let us pray.

**All      Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.**

**People      Amen.**

## The Proclamation of the Word

### First Reading Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble.

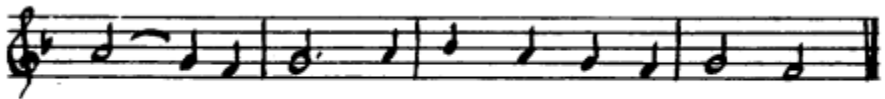
To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing.

Why do you say, O Jacob, and speak, O Israel, 'My way is hidden from the Lord, and my right is disregarded by my God'? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader The word of the Lord.

People **Thanks be to God.**

**Psalms 147:1-12, 21c:** *Please join the cantor in singing the refrain.*



Praise the Lord who heals the broken-heart-ed.

Hallelujah!

How good it is to sing praise to our God!  
How pleasant it is to honour him with praise!  
The Lord rebuilds Jerusalem;  
He gathers the exiles of Israel. **Refrain**

He heals the broken-hearted  
And binds up their wounds.  
He counts the number of the stars  
And calls them all by their names. **Refrain**

Great is our Lord and mighty in power;  
There is no limit to his wisdom.  
The Lord lifts up the lowly,  
But casts the wicked to the ground.  
Sing to the Lord with thanksgiving;  
Make music to our God upon the harp. **Refrain**

He covers the heavens with clouds  
And prepares rain for the earth;  
He makes grass to grow upon the mountains  
And green plants to serve mankind. **Refrain**

He provides food for flocks and herds  
And for the young ravens when they cry.  
He is not impressed by the might of a horse,  
He has no pleasure in the strength of a man.  
But the Lord has pleasure in those who fear him,  
In those who await his gracious favour. Hallelujah! **Refrain**

Glory be to the Father and to the Son  
And to the Holy Spirit  
As it was in the beginning, is now, and ever shall be  
World without end. Amen, **Refrain**

## **Second Reading      1 Corinthians 9:16-23**

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe betide me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in

order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, so that I might by any means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader            The word of the Lord.

**People            Thanks be to God.**

### **Gradual Hymn**

#### **#612 (verses 1-2)    Healer of our every ill**

Reader            Lord be with you.

**People            And with thy spirit.**

Reader            The Holy Gospel of our Lord Jesus Christ according to Mark.

**People            Glory be to thee, O Lord.**

### **The Holy Gospel    Mark 1: 29-39**

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sunset, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, 'Everyone is searching for you.' He answered, 'Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do.' And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Reader The Gospel of Christ.  
**People Praise be to thee, O Christ.**

**Gradual Hymn**  
**#612 (verses 3-4) Healer of our every ill**

**Homily**            **The Rev'd Bonnie Skerritt**

**The Nicene Creed**

**All**            **I believe in one God, the Father almighty, maker of heaven and earth, and of all things visible and invisible; And in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all worlds, God, of God; Light, of Light; very God, of very God; begotten, not made; being of one substance with the Father; through whom all things were made: who for us and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the scriptures, and ascended into heaven, and sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end.**

**And I believe in the Holy Ghost, the Lord, the giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spake by the prophets. And I believe one, holy, catholic, and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, and the life of the world to come. Amen.**

**The Prayers of the People**

**Leader**            **Let us pray for the Church and the world.**

**Almighty and everliving God, who by thy holy Apostle hast taught us to make prayers and supplications, and to give thanks for all people: we humbly beseech thee most mercifully to receive these our prayers, which we offer unto thy divine majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord: and grant that**

all they that do confess thy holy name may agree in the truth of thy holy word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops, priests, and deacons, (and specially to thy servant N our bishop), that they may both by their life and doctrine set forth thy true and living word, and rightly and duly administer thy holy sacraments: prosper, we pray thee, all those who proclaim the gospel of thy kingdom among the nations: and to all thy people give thy heavenly grace, and specially to this congregation here present, that, with meek heart and due reverence, they may hear and receive thy holy word; truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also to lead all nations in the way of righteousness; and so to guide and direct their governors and rulers, that thy people may enjoy the blessings of freedom and peace: and grant to thy servant Charles our King, and to all that are put in authority under him, that they may truly and impartially administer justice, to the maintenance of thy true religion and virtue.

And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity, (especially those for whom our prayers are desired).

We remember before thee, O Lord, all thy servants departed this life in thy faith and fear: and we bless thy holy name for all who in life and death have glorified thee; beseeching thee to give us grace that, rejoicing in their fellowship, we may follow their good examples, and with them be partakers of thy heavenly kingdom. Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate, to whom, with thee and the Holy Spirit, be all honour and glory, world without end.

**People**                      **Amen.**

### **Confession and Absolution**

Celebrant                      Hear what comfortable words our Saviour Christ saith  
unto all that truly turn to him. Come unto me all that labour and are heavy  
laden, and I will refresh you.    Matthew 1.28



God so loved the world, that he gave his only begotten Son, to the end that all that believe in him should not perish, but have eternal life. John 3.16

Hear also what Saint Paul saith. This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners. 1 Timothy 1.15

Hear also what Saint John saith. If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins: and not for ours only, but also for the sins of the whole world. 1 John 2.1,2

Leader           Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: draw near with faith, and take this holy sacrament to your comfort; and make your humble confession to almighty God.

**All                   Almighty God, Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, which we from time to time most grievously have committed, By thought, word and deed, Against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy name; Through Jesus Christ our Lord. Amen.**

Celebrant       Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. Amen.

**The Peace** *(All stand)*

Celebrant       The peace of the Lord be always with you.

**People**            **And with thy spirit.**

## **The Celebration of the Eucharist**

### **Offertory Hymn**

**#620**            **How sweet the Name of Jesus sounds**

### **The Prayer over the Gifts**

Celebrant        God of compassion and forgiveness, receive our offering this day, and make us one with him who is our peace, Jesus Christ our Saviour.

**People**            **Amen**

## **The Great Thanksgiving**

### **Eucharistic Prayer B**

Celebrant        The Lord be with you.

**People**            **And with thy spirit.**

Celebrant        Lift up your hearts.

**People**            **We lift them up unto the Lord.**

Celebrant        Let us give thanks unto our Lord God.

**People**            **It is meet and right so to do.**

Celebrant        It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things.

Through Jesus Christ our Lord, who, in substance of our mortal flesh, manifested forth his glory, that he might bring us out of darkness into his own marvellous light.

Celebrant        Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

**People**            **Holy, holy, holy, Lord God of hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most high. Blessed is he that cometh in the name of the Lord: Hosanna in the highest.**

Celebrant All glory be to thee, O Lord our God, who didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again;

who, in the same night that he was betrayed, took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my body, which is given for you. Do this in remembrance of me." Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my blood of the new covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the body and blood of thy dearly-beloved Son Jesus Christ.

**People We praise thee, we bless thee, we thank thee, and we pray to thee, Lord our God.**

Celebrant And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, ourselves, our souls and bodies. Grant, we beseech thee, that all who partake of this holy communion may worthily receive the most precious body and blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom,

and in whom, in the unity of the Holy Spirit all honour and glory be unto thee, O Father Almighty, world without end.

**All                    Amen.**

### **The Lord's Prayer**

Celebrant            And now, as our Saviour Christ has taught us, we are bold to say,

**All                    Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

### **The Breaking of the Bread**

**All                    We do not presume to come to this thy table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the flesh of thy dear Son Jesus Christ, And to drink his blood, That we may evermore dwell in him, And he in us. Amen**

### **The Communion**

Celebrant            The gifts of God for the People of God.  
People                Thanks be to God.

**O Lamb of God, that takest away the sin of the world: have mercy upon us.**

**O Lamb of God, that takest away the sin of the world: have mercy upon us.**

**O Lamb of God, that takest away the sin of the world: grant us thy peace.**

## **Hymns during Communion**

#625            Just as I am  
# 74            For the Bread which You have broken  
# 63            Eat this Bread, drink this Cup

## **Prayer after Communion**

Celebrant        Let us pray.

Celebrant        Eternal God, in you we find peace beyond all telling. May we who share in this heavenly banquet be instruments of your peace on earth, in the name of Jesus Christ the Lord.

**People            Amen.**

## **Doxology**

Celebrant        Glory to God,  
**People            whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

## **The Blessing**

### **Recessional Hymn**

#381            Praise my soul, the King of heaven

## **Dismissal**



## **ANNOUNCEMENTS**

### **Treasurer (*in-training*)**

The wardens are looking for someone to take over the position of Church Treasurer as of October 1, 2024. Tom Ross has been doing this job for well over a decade and has been trying to “retire” for some time now, as he and Janice wish to do more travelling and family time.

If you have any experience with QuickBooks and/or accounting in general, might this be your calling to help our Church? A job description is available to review the tasks involved. Tom would be providing on-the-job training over the next nine months so you would slide over smoothly as the Treasurer. He would also be around if a question needed to be asked down the road.

Please prayerfully consider this position. If you are interested, please speak to Betty Hooper or Paul Carpentier.

### **Refreshment Hour**

A new sign in sheet has been posted in the main hall for refreshments, please sign up, as this is an important time of fellowship and a chance to meet and welcome any new parishioners.

### **Next weeks Readings**

**February 11<sup>th</sup> 2 Kings 2: 1-12**

**Psalm 50 1-6**

**2 Corinthians 4: 3-6**

**Mark9: 2-9**



# **PANCAKES**

**TUESDAY, FEBRUARY 13**

**LUNCH: 12.00 NOON-1:30 p.m.**

**DINNER: 5:00 p.m. – 6:30 p.m.**

**COST: ADULTS – \$10.00**

**CHILDREN (6 –10yrs.) – \$ 5.00**

*Includes-Pancakes – Sausages– Beverage*

***All welcome! Come bring a friend!***



*Thank you for worshipping with us today.*

*Please join us in the hall for a time of refreshment and fellowship after the service.*

*Please note that all hymns are taken from Common Praise (1998) or are printed in the leaflet  
Music used with permission, CCLI #11236091  
Streaming License #CPSL 162909*